



12th April 2017

Summer Sports Programme at Kilkenny College 2017

Year	Monday	Tuesday	Wednesday	Thursday	Friday
6	Circuits (B/G) Sports Hall Weights Room (B/G) Open Tennis (B/G)	Weights Room (B/G) Swimming (B/G) The Watershed Zumba: 1st Session Sports Hall	Weights Room (B/G) Athletics (B/G) Track and Field Open Tennis (B/G) Yoga (Girls)	Weights Room (B/G) Soccer 6 aside (B/G) Lower Rugby Pitch Tennis (B/G)	Weights Room (B/G) Zumba - Sports Hall Athletics (Throwing) Tennis (B/G) Girls Rugby
5	Circuits (B/G) Sports Hall Rugby Development (Boys) Weights Room (B/G) Open Tennis (B/G) Drama Group McAdoo Hall	Weights Room (B/G) Swimming (B/G) The Watershed Zumba: 1st Session Sports Hall Open Tennis (B/G)	Weights Room (B/G) Athletics (B/G) Track and Field Open Tennis (B/G) Cricket (B/G)	Weights Room (B/G) Rugby Development (Boys) Hockey Training (Girls) Open Tennis Drama Group McAdoo Hall	Weights Room (B/G) Zumba - Sports Hall Hockey Training (Boys) Athletics (Throwing) Hockey Training (Girls)
4	Circuits (B/G) Sports Hall Rugby Development (Boys) Weights Room (B/G) Open Tennis (B/G) Drama Group McAdoo Hall	Weights Room (B/G) Swimming (B/G) The Watershed Zumba: 1st Session Sports Hall Young Scientist Club Lab 7	Weights Room (B/G) Athletics (B/G) Track and Field Open Tennis (B/G) Cricket (B/G)	Weights Room (B/G) Rugby Development (Boys) Hockey Training (Girls) Drama Group McAdoo Hall	Weights Room (B/G) Open Tennis Zumba - Sports Hall Hockey Training (Boys) Athletics (Training) Hockey Training (Girls)

3	Circuits (B/G) Sports Hall Rugby Development (Boys) Open Tennis (B/G) Hockey Training (Boys) Drama Group McAdoo Hall	Swimming (B/G) The Watershed Boys Soccer League Lower Rugby Pitch Hockey Training (Girls) Zumba: 2nd Session Debating (18:30–20:00) Young Scientist Club Lab 7	Athletics (B/G) Track and Field Open Tennis (B/G) Cricket (B/G)	Rugby Development (Boys) Drama Group McAdoo Hall Hockey Training (Girls) Athletics	Open Tennis Hockey Training (Boys) Zumba Sports Hall Camogie (Girls)
2	Circuits (B/G) Sports Hall Hockey Training (Boys) Open Tennis	Swimming (B/G) The Watershed Boys Soccer League Lower Rugby Pitch Hockey Training (Girls) Debating (18:30 – 20:00) Zumba: 2nd Session Young Scientist Club Lab 7	Athletics (B/G) Track and Field Cricket (B/G)	Rugby Development (Boys) Athletics (B/G) Open Tennis Hockey Training (Girls)	Hockey Training (Boys) Zumba Sports Hall Camogie (Girls) Open Tennis

1	1st Form Mixed Soccer League Lower Rugby Pitch	Swimming (B/G) The Watershed Hockey Training (Girls) Debating SB (18:30 – 20:00) Zumba: 2nd Session Young Scientist Club Lab 7	Athletics (B/G) Track and Field Cricket (B/G)	Rugby Development (Boys) Athletics (B/G) Open Tennis	Hockey Training (Boys) Zumba Sports Hall Open Tennis Camogie (Girls)
	Computer Room	Computer Room	Computer Room (2:20 pm – 4:20 pm)	Computer Room	Computer Room
	Art Club	Art Club	Art Club	Art Club	Art Club